

*The Corporation of the
Town of Cochrane*

Be it known to all that

Mental Health Week

May 1 – 7, 2023

Proclamation

WHEREAS mental health is an essential part of everyone's health and well-being;
and

WHEREAS Mental Health Week has been hosted by the Canadian Mental Health Association in communities across Canada for over 70 years; and

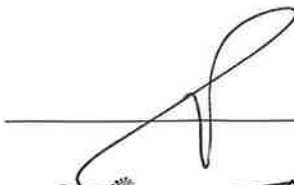
WHEREAS all people in Canada need to promote, protect, and nurture their mental health; and

WHEREAS promoting social connection is an important aspect of human life and an effective way to protect mental health; and

WHEREAS in the past two years of the pandemic, our community members may be experiencing further difficulties maintaining their mental health and social connections.

THEREFORE BE IT RESOLVED That I, Peter Politis, Mayor of the Town of Cochrane and Members of Council do hereby proclaim May 1 to 7, 2023 as "**Mental Health Week**", in the Town of Cochrane.

Dated this 11th Day of April 2023



Mayor

